

SUBJECT: GOD HAS BLESSED US

TEXT: Ephesians 1:3. "Blessed be the God and Father of our Lord Jesus Christ, who has **blessed us** with all spiritual blessings in the heavenly place in Christ."

This Scripture Contains a Twofold Blessing:

- 1. God is blessed by Paul (and all Believers)**
 - To praise, to celebrate with praises
 - To acknowledge the goodness of the Lord
- 2. The Believer is blessed by God**
 - To be caused to prosper; to make happy and to bestow upon
 - To invoke blessings upon; a benefit bestowed

The Giver of the Blessings – God, the Father

The Nature of the Blessings – Spiritual blessings in the heavenly places

The Location of the Blessings – "In Christ"

The Recipient of the Blessings – To the saints (all who are "in Christ")

The Listing of the Blessings:

GOD HAS . . .

**Chosen us (Ephesians 1:4)
Predestinated us (Ephesians 1:5)
Accepted us (Ephesians 1:6)
Redeemed us (Ephesians 1:7)
Forgiven us (Ephesians 1:7)
Abounded toward us (Ephesians 1:8)
Made known to us (Ephesians 1:9)
Given us an inheritance (Ephesians 1:11)
Sealed us (Ephesians 1:13)
Quickened us (Ephesians 2:1)
Loved us (Ephesians 2:4)
Made us alive (Ephesians 2:5)
Raised us up together (Ephesians 2:6)
Made us to sit together (Ephesians 2:6)**

The Reason for the Blessings: "That in the ages to come He might show the exceeding riches of His grace in His kindness toward us in Christ Jesus." (Ephesians 2:7)

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