

Daily Reading Guide of the Psalms and the Proverbs

The consistent daily reading of the Psalms and Proverbs are a rich source of wisdom, prayer and power. The following guide will enable you to systematically read these Books, in their entirety, on a monthly basis.

THE PSALMS

There are 150 Psalms. These 150 Psalms can be read on a monthly basis if you read 5 of them a day. (*30 calendar days per month x 5 Psalms per day = 150 Psalms*)

To do this, take the corresponding date of the month, and then add 30, until you have read 5 Psalms.

Here is how to read them on a systematic basis:

- * Read the Psalm that corresponds to the calendar date.
(For example, if today is the 5th, start your reading at **Psalm 5**)

- * Then add 30 to the date, and read the next Psalm.
With our example of today's date being the 5th, now add 30, for a total of 35.
Read **Psalm 35**.
Then add 30 to 35, for a total of 65.
Now read **Psalm 65**.
Then add 30 to 65, for a total of 95.
Read **Psalm 95**.
Finally, add 30 to 95, for a total of Psalm 125.
Read **Psalm 125**.

(The Psalms that you will read for the 5th day of the month will be Psalms 5, 35, 65, 95 and 125.)

Note: Because of the length of Psalm 119 (which falls on the 29th day of the month), I suggest that you read this Psalm alone, on the months that have 31 days (January, March, May, July, August, October and December).

“Just Remember: The Date + 30!”

THE PROVERBS

There are 31 chapters in Proverbs. These 31 chapters can be read on a monthly basis when you read one chapter per day.

(31 calendar days per month x 1 chapter of Proverbs per day)

To do this, read the chapter of Proverbs that corresponds to the calendar date.

Here is how to read them on a systematic basis:

- * If today's date is the 5th, read chapter 5 of Proverbs.

“Just Remember: Today's Date = Today's Chapter of Proverbs!”

Note: You will be able to read the entire Book of Proverbs in the months with 31 days (January, March, May, July, August, October and December). On the months that have less than 31 days (February, April, June, September and November), do not try to read the remaining Proverbs; unless, of course, you would like to!

If you are unable to read the Psalms or Proverbs on any given day, for whatever reason, just continue with the corresponding date and reading when you can!

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